

WEST BENGAL NURSING COUNCIL

SECOND GENERAL NURSING-MIDWIFERY (3½ Yrs.) EXAMINATION, DECEMBER

SUBJECT: MENTAL HEALTH & PSYCHIATRIC NURSING

Full Marks: 75

Time Allowed: 3

a) Classify the 'Mental illness'. 45

b) What are the different causes of Mental illness? PIC

c) Write about the legal responsibilities of a staff nurse while taking care of a mentally patient. 355

d) Write down the admission procedure in Mental Hospital. 354

2+2+5+6=

a) Define 'Depression'. 100

OR

b) What are the types of depression?

c) Write about the main clinical features of depression?

d) Describe the management of a depressive patient.

2+3+4+6=15

5x2=10

2. Write short note on (Any Two) :-

a) Psycho-analysis 142

b) Largactil 125

c) Group Psychotherapy 148

d) Psycho-somatic Disorder

3. Write the difference between the following (Any Five)

a) Empathy & Sympathy

b) Interview & Counselling AD

c) Drug Abuse & Drug Addiction

d) Delirium & Dementia AD

e) Epilepsy & Hysteria AD

f) Neurotic & Psychotic AD

2x5=10

5x3=15

Write down the Nurses responsibilities on the followings (Any Three)

a) Patient with violent behaviour. AD

b) Patient with suicidal tendency. AD

c) Administration of anti depressant drugs. 120

d) Patient in a anxiety state. 223

Subject: MENTAL HEALTH & PSYCHIATRIC NURSING

Total Marks: 75

Time Allowed: 3 Hours

Answer all the questions:

As a 2nd year student you are assigned in Psychiatric Ward to give care to a mentally sick patient

- AD. {
- Classify the mental illness.
 - Write the causes of mental illness.
 - Legal responsibilities of a Staff Nurse in care of mentally sick patient.
 - Write down the admission procedure in mental hospital.

2 + 2 + 5 + 6 = 15

2) How will you manage the following conditions while on duty in a Psychiatric Ward -

- Patient with suicidal tendency. AD
- Violent patient. AD.
- Withdrawal patient.

5 + 5 + 5 = 15

Or

- Define 'Depression'. AD
- Write about the types of depression. AD.
- What are the main clinical features of depression? AD.
- Describe the management of depressive patient. AD.

2 + 3 + 4 + 6 = 15

3) Ms. Flora 16 years old brought to the hospital with the complains of not taken food, for vomitted just after taken food, weight loss and dispersed hair and dehydrated -

- Define the anorexia nervosa. AD.
- Describe the Psychotherapy for Ms. Flora. AD.
- Explain the nursing care plan for 48 hours based on the nursing diagnosis. AD.

2 + 5 + 8 = 15

Difference between the following: (any Five) -

2 x 5 = 10

- Occupational therapy and Millieu Therapy. AD.
- Interview and Counselling. * AD.
- Ecolelia and Ecoprexia. *
- Phobia and Fear. * AD.
- Psychotherapy and Psychoanalysis. *
- Flight of Ideas and Ideas of reference. *

N.B.: - For Question 5, 6, 7 and 8 please see separate sheet //

WEST BENGAL NURSING COUNCIL

SECOND GENERAL NURSING-MIDWIFERY (NEW) EXAMINATION, DECEMBER-2007

SUBJECT: MENTAL HEALTH & PSYCHIATRIC NURSING

Full Marks: 75

- Q.1. a) Define "Schizophrenia". AD
- b) Write down the main clinical symptoms of "Schizophrenia". AD
- c) Discuss the Nursing Management of a Schizophrenic patient showing suspicious behaviour. AD.

2+5+5=12

Or

Mr. Rabi of 30 yrs. is admitted in a Psychiatric Unit with Suspicious behaviour, write the following -

- a) Mention the clinical features of a suspicious patient.
- b) Write down the nursing management of Mr. Rabi in the form of nursing process.

5+10=15

Q.2. Write down the Nurses Responsibilities on the followings - (any three)

5X3=15

- a) Before & After Care to a patient for ECT. 139
- b) Administration of antidepressant drugs. AD.
- c) Group Psychotherapy. AD.
- d) Legal responsibilities of a nurse in caring mentally ill persons. AD.

Q.3. a) Mention the Clinical manifestation of a substance abuser.

- b) Write a Plan of Management to be done for a drug-abused person.

3+7=10

Q.4. Write down the followings:- (any three)

5X3=15

- a) Difference between psychosis and Neurosis.
- b) Difference between Mentally healthy and Mentally ill person. AD.
- c) Misconceptions about mental illness. AD.
- d) Prevention of mental illness during childhood.

N.B. For Question No. 5, 6, 7 and 8 please see separate sheet only

WEST BENGAL NURSING COUNCIL
SECOND GENERAL NURSING-MIDWIFERY EXAMINATION, (1½ years) DECEMBER

SUBJECT: MENTAL HEALTH & PSYCHIATRIC NURSING

Full Marks: 75

Time Allowed

1. Sikha a 26 years old young lady is admitted in psychiatric ward with MDP.
- (a) Define MDP. 10%.
- (b) What are the clinical manifestation of MDP.
- (c) Discuss the nursing management of Sikha during hospitalisation.
- (d) What advice will you give to Sikha & her family member during discharge? 2+4+6+2
2. What do you mean by the term ?
- (a) "Nurse-Patient relationship" 10%.
- (b) List the goals of Nurse-Patient relationship. 10%.
- (c) Enumerate the phases of Nurse-Patient relationship. 10%
- Or
- (a) What is psychotherapy?
- (b) Write the goals of psychotherapy.
- (c) What are the types of psychotherapy?
- (d) Explain behaviour psychotherapy.
3. Write short note on (any three)
- (a) Psychosomatic disorder. AD
- (b) Dementia. AD
- (c) Largactil (Chlorpromazine) AD
- (d) Mental Health Act. AD
4. Write down the difference between following terms with examples :- (any two) 2x5
- (a) Delusion & hallucination. AD.
- (b) Drug abuse & drug dependence. AD.
- (c) Tranquillizers & Sedative. *
- (d) Empathy & Sympathy. AD.

Question No. 5, 6, 7, 8 See Separate Page

WEST BENGAL NURSING COUNCIL

SECOND GENERAL NURSING-MIDWIFERY EXAMINATION, JUNE - 2016

SUBJECT: MENTAL HEALTH & PSYCHIATRIC NURSING

Full Marks: 75

Time Allowed: 11

1. a) What are the characteristics of Mentally Healthy Person? 2
b) Write the causes of mental illness? AD
c) Describe in brief the legal responsibilities of a nurse in care of a mentally sick patient. AD

2. Nipa, a 20 years old young girl is admitted in Psychiatric ward with schizophrenia

- AD { a) Define schizophrenia.
b) What are the clinical Manifestations of schizophrenia?
c) Discuss the nursing management of Nipa during Hospitalisation.
d) What advice will you give to Nipa & her family member during discharge? 2+4+6+3=

3. Write short notes on any two of the following :-

- a) Defense Mechanism.
b) Mis conceptions about mental illness.
c) Common Behavioural Problems of childhood.
d) Guidance and counselling.

AD

4. Write in brief the nurses responsibilities on the following condition : (Any Two) 5x2=

- a) Occupational Therapy. AD
b) Patient getting Lithium Carbonate. AD
c) Patient with Refusal of foods. AD
d) Patient with Hypermanic state. 194

Question No. 5, 6 See Separate Page

WEST BENGAL NURSING COUNCIL
 Second General Nursing Midwifery (3½ years) Examination - June 2011
 Sub: MENTAL HEALTH & PSYCHIATRIC NURSING

Time Allotted : 3 Hours

Answer all questions

Q1. A lady of 60 years old admitted in your psychiatric ward with a diagnosis of Dementia.

What is Dementia? **305**

What are the common causes of Dementia? **305**

Write nursing management of Dementia in case of that lady. **306**

2+6+7 = 15

Q2. a) List the different types of Mental illness in community. **AD**

b) Describe role of nurse in prevention of mental illness in community. **307**

3+7=10

Or

a) Define psychiatric nursing. **10**

b) Write the principles of psychiatric Nursing.

c) Discuss the role of nurses in providing care to a psychiatric patient. **2**

2+3+5=10

Q3. Write short notes any three of the following :-

5x3=15

a) Antipsychotic drug **AD**

b) Psychoanalysis

c) Mental Health Act **AD**

d) Bipolar disorder **208**

Write down the difference between the following (any three)

5x3=15

a) Psychosis and Neurosis. **AD**

b) Delirium and Dementia. **AD**

c) Mentally healthy & Mentally ill person. **AD**

d) Epilepsy vs Hysteric fits. **AD**

N. B. : For Question No. 5, 6, 7 & 8 please see separate sheet only.

WEST BENGAL NURSING COUNCIL

SECOND GENERAL NURSING-MIDWIFERY (3½ Yrs.) EXAMINATION, JUNE-2014

SUBJECT: MENTAL HEALTH & PSYCHIATRIC NURSING (Paper - III)

Full Marks: 75

Time Allotted: 3 Hours

ANSWER ALL THE QUESTIONS

1. a) Define Depression. AD 2+3+5=10
b) Write about the clinical features of Depression. AD
c) Describe the management of a Depressive patient. AD
2. a) Explain the general principles of mental health nursing. 5+5=10
b) Briefly discuss the features of therapeutic Nurse-Patient Relationship. 106
Or
a) List the different types of mental illness in community. 392 ★★ 5+5=10
b) Describe role of nurses in prevention of mental illness in community. ★
3. Write Short Notes on any three of the following: 5x3=15
a) Causes of mental illness. AD
b) Mental Health Act, 1987. AD
c) Misconceptions about mental illness. 889
d) Cognitive Developmental Theory by Piaget.
4. Write down the nurses responsibilities in the following situations:- any three 5x3=15
a) Patient with violent behaviour. AD
b) Administration of anti-psychotic drugs. AD
c) Patient with Epileptic fit. 889 ★ *It is a condition of persistent mental and emotional stress*
d) Post traumatic stress disorder. → *occurring as a result of injury or severe psychological shock.*

For Question No. Question No. 5, 6, 7 & 8 See separate page

WEST BENGAL NURSING COUNCIL

GENERAL NURSING-MIDWIFERY (3½ Yrs.) EXAMINATION, JANUARY-2014

SUBJECT: MENTAL HEALTH & PSYCHIATRIC NURSING (Paper III)

Time Allowed: 3 Hours

(ANSWER ALL THE QUESTIONS)

Define Mental illness

Write down the etiological factors of Mental illness.

List the common sign & symptoms of Mental illness.

Write the procedures for Admission in a Psychiatric Hospital.

AD

2+4+5+4=15

OR

Rumki, a 20 years girl admitted in a Psychiatric ward with depression, you are posted in this ward for clinical experience.

- What type of relationship you may develop with Rumki for facilitating the communication? 106
- Explain the different phases & tasks for that relationship. 110
- Explain the problems commonly encountered by the nurse while developing such relationship P-112. 2+7+6=15

Raja, a 26 years young man, admitted in a psychiatric ward is diagnosed as Schizophrenia.

- Define schizophrenia 170
- Write the classification of schizophrenia. 170
- List the sign & symptoms of schizophrenia. 172
- Discuss the nursing management of Raja during hospitalization (at least four Nursing Diagnosis related to disease). 178
- What will be your instruction towards the family members of Raja regarding the compliance of antipsychotic drugs at home at the time of discharge? 127. 2+3+5+6+4=20

Write the Nurses responsibility on the following condition (any three):-

3x3=9

- Patient going for parole.
- Patient getting Lithium. AD
- Patient with aggressive behaviour. AD
- Patient admitted with suicidal ideation. AD

Write down the difference between the following terms (Any three):-

3x2=6

- Anxiety & stress AD
- Neologism & Clang association *
- Thought Block & Thought insertion (iv) Obsession & compulsion AD

FOR QUESTION NOS. 5, 6 & 7 SEE SEPARATE SHEET

WEST BENGAL NURSING COUNCIL

SECOND YEAR GENERAL NURSING-MIDWIFERY (3½ Yrs.) EXAMINATION, AUG.

SUBJECT: MENTAL HEALTH & PSYCHIATRIC NURSING (Paper - III)

Full Marks: 75

Time Allowed: 3 Hours

Answer any two from Question No. 1 to 3 and Question No. 4 & 5 Compulsory.

1. Monalisa, a 40 yrs old lady, is admitted in Psychiatric Ward. She is diagnosed as a patient of Schizophrenia.

a) Define Schizophrenia.

b) Identify the signs and symptoms of Schizophrenia.

c) Write the Nursing management of Monalisa as per the signs and symptoms will be identified.

2. a) Define Mental Illness. P-2.

b) Write down the causes of mental illness. P-57.

c) Describe in brief the legal responsibilities of a nurse in care of a mentally sick patient. P-67.

3. a) Mention the clinical manifestations of a substance abuser. P-243.

b) Write the plan of management to be done for a drug abused person. P-10-15.

4. Write short notes on : (Any Three)

a) Role of Psychiatric Nurse. P-72, AD.

b) Lithium. AD.

c) Group therapy. AD.

d) Conversion disorder. AD.

5. Write down the nurses responsibility on : (Any Two) :-

a) A patient with refusal of food. AD.

b) A patient admitted with aggressive behaviour. AD.

c) A patient getting antipsychotic drug. P-127. AD.

See Separate Page for Question No. 6, 7 & 8

OFC

WEST BENGAL NURSING COUNCIL

3RD YEAR GENERAL NURSING MIDWIFERY (3 YRS / 3 1/2 YEARS) EXAMINATION, AUGUST-2017.
SUBJECT - MENTAL HEALTH NURSING / MENTAL HEALTH & PSYCHIATRIC NURSING PAPER III

Marks - 75

Answer any two from question No. 1 to 3 and question No. 4 & 5 are compulsory.

Time Allowed - 3 hrs

1. *15+ year book*
- a. Define Defence mechanism.
 - b. List down the common defence mechanisms used in daily life.
 - c. Discuss any two with example.
- AD.
55. 2×5=10
2. *AD*
- a. What is psychiatric emergency?
 - b. Develop a nursing care plan on management of a patient with violent behaviour.
 - c. Explain in brief about the legal aspects in psychiatric nursing.
- 2×8+5=15
3. *AD*
- a. What are the etiological factors of mental illness?
 - b. List down the community facilities available for mentally disordered patients.
 - c. Write down the role of nurse in community mental health services.
- 4+3+8=15
4. Differentiate between the following terms. (Any two)
- 5×2=10
- a. Hallucination & Illusion. ***AD*.
 - b. Fear & Phobia. ***AD*.
 - c. Anxiety & Stress. ***AD*.
- 5×3=15
5. Write short notes (Any three)
- a. Mental Health Act, 1987. *P-342 AD*.
 - b. Lithium. *P-130. AD*.
 - c. Group therapy. *148 AD*.
 - d. Discharge procedure of a psychiatric patient. *P-354. AD*.
 - e. Conversion disorder. *230. AD*.

Question no. 6, 7 and 8 are in separate sheet

WEST BENGAL NURSING COUNCIL
SECOND YEAR GENERAL NURSING-MIDWIFERY (3 YRS) EXAMINATION, July 2018
Subject - Mental Health and Psychiatric Nursing (Paper III)

Q. No. - 25

Time allotted - 3 hrs

Answer any two question from Q.No. 1 to 3 and Q. no 4 and 5 is compulsory.

- AD {
- 1. Define therapeutic nurse patient relationship in psychiatric ward.
 - 2. Briefly describe the phases of therapeutic nurse patient relationship.
 - 3. What are the barriers of nurse patient relationship?

3+8+4=15

- AD {
- 1. Define Depression. P-109.
 - 2. What are the types of depression? P-201
 - 3. Write down the main clinical features of a depressive patient. P-202
 - 4. Describe the management of a depressive patient. P-204.

2+3+4+6=15

- AD {
- 1. As a 2nd year student you are assigned in psychiatric ward to give care to a mentally ill patient. Classify the mental illness. AD.
 - 2. Legal responsibilities of a nurse in a case of mentally sick patient. 354.
 - 3. Write down the admission procedure in mental hospital. PDF.

2+2+5+6=15

4. Write short notes on (Any three)

- a/ Community mental health service. P-380
- y/ Milieu therapy. / Therapeutic community. P-140
- Occupational therapy P-153.
- d/ Substance abuse. P-240.

5 X 3 = 15

Write nurses responsibilities of the following conditions (Any two):

- A patient with a violent behaviour P-319. AD.
- Patient admitted with a suicidal ideation P-317. AD.
- A patient with Epileptic fit. 200

5X2=10

Question no. 6, 7 & 8 are in separate sheet

Prani Biscwas

TEST EXAMINATION APRIL '18

SECOND YEAR G.N.M., N.T.S. B.M.C. & H

SESSION: SEPT. '16- AUG. '19

Mausi Mandat

Sub: Mental-Health & Psychiatric Nursing (Paper-III).

Full Marks - 75.

Time Allowed:- 3 Hours

1. a) Define Mental illness P - 3

b) Write down the cause of mental illness P - 57.

c) What are the misconception of mental illness P - 389

AD.

2+8+5=15

2. a) Define Defence mechanism. P - 55

b) List down the common defence Mechanism.

c) Discuss any two with example.

AD.

2+5+8=15

3. a) Define schizophrenia. P - 170

b) Write down signs & symptoms of schizophrenia. P - 172

c) Define the nursing management. P - 178

AD.

2+6+7=15

OR

a) Define Depression. P - 199

b) Write down the clinical feature of Depression. P - 202

c) Describe the management of a Depression patient. P - 204

AD.

2+6+7=15

4) Write short notes of the following:- (any two)

2x5=10

a) Anti psychotic drug. P - 124

b) Behavioral therapy P - 150

c) Nursing management during ECT application. P - 139.

It is characterized by persistent sadness and a lack of interest in pleasure in previously rewarding or enjoyable activities. It can also disturb or enjoyable sleep and appetite. Tiredness and poor concentration are common.

WEST BENGAL NURSING COUNCIL

SECOND YEAR GENERAL NURSING - MIDWIFERY (3 years) EXAMINATION

DECEMBER - 2021

SUBJECT - MENTAL HEALTH NURSING (PAPER - III)

FULL MARKS - 75

(SUBJECTIVE)

TIME ALLOWED : 3 hours

Answer any three from Question No. 01 to 04, Question No. 05 is compulsory

1. Nisha, a 18 years old girl admitted in Psychiatric ward with a diagnosis of BPAD presently in depressive episode. $1+3+6=10$
- a) Define depression. P-201
 - b) What are the possible clinical manifestations of Nisha? P-203
 - c) Write down the nursing management of Nisha by maintaining nursing process.
2. a) Define Psychotropic agent. Arch. $2+3+5=10$
b) Classify Psychotropic agent. P-124 } AD
c) Write down the nurses' responsibilities while administering anti Psychotic Agent. P-122
3. a) Define Psychiatric Emergency. PDF $2+3+5=10$
b) List down the different Psychiatric Emergency P-317 } AD
c) Write down one Psychiatric Emergency condition and its management in details.
4. a) Write down the name of the Acts passed in India for mental patients. PDF $3+7=10$
b) Write down the legal responsibilities of a nurse while dealing with psychiatric patients. P-354
5. Write short note (Any Four) $5 \times 4 = 20$
- a) Defence mechanism P-55
 - b) Mental Health Team. P-18
 - c) Occupational therapy P-163
 - d) ADHD P-292
 - e) Principles of psychiatric Nursing P-67
 - f) Mental status Examination. P-91

WEST BENGAL NURSING COUNCIL

SECOND YEAR GENERAL NURSING & MIDWIFERY (3 YEARS) EXAMINATION

DECEMBER - 2022

SUBJECT : MENTAL HEALTH NURSING (PAPER III)

(SUBJECTIVE)

FULL MARKS - 75

TIME ALLOWED : 3 HOURS

(Answer the following questions)

1. (a) Define Mental Illness. *P-3*
(b) Write down the etiological factors of Mental illness. *P-37*
(c) List the common signs & symptoms of Mental Illness. *30*
(d) Write down the procedure for admission of a patient in Psychiatric Hospital. *Xerox*

$2+4+5+4=15$

2. Arati a 20 years old young girl is admitted in Psychiatric ward with Anger outburst.

- (a) Define Mania. *192*
(b) What are the clinical manifestation of Mania?
(c) Prepare a nursing care plan for Arati during hospitalization.
(d) What advices will you give to Arati and her family member during discharge.

$2+4+6+3=15$

OR

85/215

- (a) What do you mean by drug addiction? *242*
(b) Mention the clinical manifestation of drug addiction.
(c) Write down the plan of management for a client with drug addiction. *255*

$2+4+9=15$

3. Describe the Rights of Mentally ill patients. *349, typical*

4. Write short notes : (any three)

- (a) Mental Health Act *42*
(b) Psychotropic drugs *AD*
(c) Conversion disorder
(d) Milieu therapy. *140*

low potency 10
- clonazepam
- meprobamate
high potency $5 \times 3 = 15$
HPL
- pimozone
Atypical - clozapine
olanzapine
Risperidone
Aripiprazole

See Question No. 5, 6 & 7 In Separate Page

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RFP
2022

WEST BENGAL NURSING COUNCIL
SECOND YEAR GENERAL NURSING & MIDWIFERY (3 YRS) EXAMINATION
DECEMBER - 2023

SUBJECT : MENTAL HEALTH NURSING (PAPER-III)

(SUBJECTIVE)

FULL MARKS - 75

TIME ALLOWED : 3 HOURS

(Answer the following Questions)

1. Rekha, a 18 years old girl, admitted in psychiatric ward with diagnosis of BPAD presently in depressive episode.

- (a) Define BPAD 208
- (b) What are the possible clinical manifestations of Rekha? 209.
- (c) Prepare a nursing care plan for Rekha during hospitalization*
- (d) What advice will you give to Rekha & her family member during discharge? 2+3+7+3=15

OR

- (a) Define psychiatric Emergency. 316
- (b) List down different Psychiatric Emergency. 316
- (c) Write down one psychiatric Emergency conditions & its management in details. 316
- (d) Write down the legal responsibilities of a nurse, while dealing with psychiatric patient. 354. 2+3+6+4=15
- (a) Define Psychotropic agent. 120
- (b) Classify Psychotropic agent. 124.
- (c) Write down the nurse's responsibilities while administering Anti psychotic Agent. 122 2+5+8=15

3. **Write short notes (any three) :**

5×3=15

- (a) Defence mechanism. 55
- (b) Discharge procedure of mentally ill patients. PD
- (c) Classification of mental disorder PD
- (d) Role of a nurse in managing suicidal client 316
- (e) Misconception about mental illness. PD

4. **Write down the difference between the following : (Any Two)**

5×2=10

- (a) Stress Vs. Anxiety
- (b) Hallucination Vs. Delusion *
- (c) Delirium Vs. Dementia. *
- (d) Guidance Vs. Counselling *

See Question No. 5, 6 & 7 in Separate Page

THE WEST BENGAL NURSING COUNCIL

Second Year General Nursing Midwifery (3 Years) Examination, May, 2024

Subject = Mental Health Nursing

Paper-III

SUBJECTIVE

Full Marks = 75

Time Allowed = 3 Hours

4. (a) Define Mental Health. 1
 (b) Describe the causes of mental illness. 58,
 (c) Explain legal responsibilities of a nurse in care of mentally sick. 20 35 4 $2 \times 6 + 7 = 15$

5. (a) Define Schizophrenia. 170
 (b) Describe clinical features of Schizophrenia. 172,
 (c) Write down etiological factors of Schizophrenia. 170,
 (d) Describe management of a client with Schizophrenia. 177 $2 \times 3 + 4 + 6 = 15$

Or

- (a) Define therapeutic nurse patient relationship. 106
 (b) Enlist components of therapeutic relationship. 107,
 (c) Describe phases of therapeutic nurse patient relationship. 110,
 (d) What are the barriers of Nurse patient relationship? 112 $2 \times 4 + 6 + 3 = 15$

6. (a) What is dementia? 304
 (b) What are the common causes of dementia? 304,
 (c) Explain nursing management of a client with dementia following nursing process. 308.
 $2 \times 5 + 8 = 15$
 $5 \times 2 = 10$

7. Write short notes (any two):
 (a) Common behavioral problem in childhood 292,
 (b) Anti-psychotic drug 124,
 (c) Group therapy 148,
 (d) National Mental health program

3940

WEST BENGAL NURSING COUNCIL**Second Year General Nursing & Midwifery (3 Yrs.) Examination****November 2024****Subject – Mental Health Nursing (Paper: III)****Full Marks – 75****Allowed Time – 3 hours****SUBJECTIVE***Answer the following questions.*

4. Ms. Mita, 21 years old young girl is admitted in psychiatric ward with a presently diagnosis of Depressive episode.

- (a) Define Depression.
- (b) What are the possible clinical features of Mita?
- (c) Write down the Nursing management of Mita by preparing a nursing process. $2+5+8=15$

Or,

- (a) What is obsessive compulsive disorder?
- (b) Describe the clinical manifestation of obsessive compulsive disorder.
- (c) Write down the management of obsessive compulsive disorder. $2+5+8=15$

5. (a) Define Defence Mechanism.

- (b) List down the common defence mechanisms used in daily life.
- (c) Discuss any four defence mechanisms with example. $2+5+8=15$

6. Write short notes (any three): $5 \times 3 = 15$

- (a) Occupational therapy
- (b) Lithium
- (c) ADHD
- (d) Rights of Mentally ill patient
- (e) Principles of Psychiatric Nurse

7. Differentiate between the following terms (any two): $5 \times 2 = 10$

- (a) Guidance and Counselling
- (b) Psychosis and Neurosis $2/6$
- (c) Ego and Super ego
- (d) Fear and Phobia