

THE WEST BENGAL NURSING COUNCIL
FIRST YEAR NURSING MIDWIFERY (3 YEARS) EXAMINATION
SUBJECT – COMMUNITY HEALTH NURSING (SUBJECTIVE) - I
JUNE – 2009

- 1) a) What do you mean by 'Spectrum of Health and Disease'?
b) Describe the level of Prevention of disease in brief. 5+10 = 15
- 2) a) Define Primary Health Care.
b) Explain the various principles of Primary Health Care.
c) Discuss the functions of Community Health Nurse for implementation of Primary Health Care Components. 2+5+8 = 15
- 3) a) Define Community Health Nursing.
b) What do you mean by health team?
c) How you will conduct community survey to find out health problems in your assigned community? 2+3+10 = 15

OR

- a) Write down the importance of records & reports in Community Health Nursing.
b) What all different records you will maintain at BPHC? 8+7 = 15
- 4) Short Note (Any Three)** Marks – 5x3 = 15
a) Maintenance of cold chain.
b) Standing order in community.
c) Aims of Epidemiology.
d) Road to Health Card.

DECEMBER – 2009

- 1) a) Define Health.
b) What do you mean by environment?
c) Describe the environmental health hazards of a metropolitan city. 2+3+10=15

OR

- a) How water is being polluted?
b) Write down the common water borne diseases?
c) What measures will you take to prevent water borne diseases? 4+4+7=15
- 2) a) Define the term Nutrition.
a) Mention the common Nutritional diseases found in India.

- b) Prepare a lesson plan to provide health teaching to a group of mothers to prevent Vit A deficiency diseases in children. 2+6+7=15

OR

- a) Classify 'Food'.
b) What is PEM?
c) Write down the importance and methods of food preservation and storage. 5+3+7=15

- 3) a) Write down the aims of school health services.
b) School health services are important dimension of community health nursing – explain it.
c) List the services provided in the school health by the CHN. 3+8+4 = 15

OR

- a) What do you mean by communication?
b) Write in brief the methods of communication.
c) Write the barriers of communication. 2+8+5=15

4) Short Note

Marks – 5

- a) Malaria is a health problem.
b) Immunity.
c) A.V Aids.

JUNE – 2010

- 1) 'Family as a unit of health care services' –
a) What do you mean by family health care?
b) What are the objectives of family health care?
c) Write down the steps of nursing care process for family health. 2+4+9=15

OR

- a) Define community health.
b) What are the factors affecting community health?
c) Write down the levels of health care in community setting. 2+6+7=15

- 2) 'Home visiting is the backbone of public health nursing.'
a) What are the principles do you follow during home visit in your assigned area?
b) Before going to home visit how you plan for your visit and evaluate your progress of work?
c) How you maintain Bag technique during and after home visiting? 5+4+6=15

- 3) a) Write the principles of health education.
b) Prepare a health education plan for prevention of diarrhoea in a community. 5+10=15

OR

- a) Define communication.
- b) Discuss the different types of A.V Aids used for education.
- c) Write down the importance of A.V Aids in health education programme among the community people.

2+7+6=15

4) Short Notes on(Any Two)

Marks –5x2 = 10

- a) Functions of Community Health Nurse.
- b) Oral Pill.
- c) Prevention of Warm Infestation.
- d) Refuse Disposal.

JUNE – 2011

1) a) Define Health.

- a) What do you understand by environment?
- b) Describe the environmental health hazards in a big city.

3+3+9=15

2) a) Write down the aims of School Health Services.

- b) Enlist the services provided in school health by Community Health Nurse.
- c) Prepare a Health Education Plan on maintenance of personal hygiene for school going children (Primary Standard).

4+4+7=15

OR

- a) Define communication.
- b) Mention the elements of communication.
- c) What are the barriers of communication and how one can overcome these barriers?

2+5+8=15

3) a) Define food.

- b) Write down the classification of food.
- c) Explain the importance and methods of food preservation and storage.

3+4+8=15

OR

- a) What do you mean by Malnutrition?
- b) Mention the causes of Malnutrition.
- c) How will you assess the nutritional status of a community?

3+4+8 = 15

4) Short Note (Any Two)

Marks – 5x2 = 10

- a) Tour Diary of Community Health Nurse.
- b) Importance of Road to Health Card.
- c) Cold Chain.
- d) Borehole Latrine.

JUNE - 2012

1)a) Define health.

- b) What are the indicators of health?
c) Explain the principles of primary health care.
d) Explain the level of prevention of communicable disease? 2+3+5+5 = 15

2)a) Define health education.

- b) Describe the scope of health education in community.
c) Prepare a health education plan on prevention of PEM for a group of village mothers. 2+5+8 = 15

3)a) Write down importance of records and reports in community health nursing.

- b) Write all the different types of records you will maintain at BPHC. 8+7=15

OR

4) Short Notes(Any Three)

Marks – 5x3 = 15

- a) Standing Order
b) Aims of Epidemiological Study.
c) Referral System.
d) Health Team.

JANUARY – 2013

- 1)a) What are the functions of protein?
b) Write different sources of protein.
c) Name some of the essential amino acids.
d) What are the diseases caused due to deficiency of protein?
e) Write the daily requirement of protein for an adult man with average body weight. 4+3+4+3+1 = 15

2) a) What is health education?

b) Prepare a health teaching plan on (Any one)

- Prevention of night blindness.
- Immunization schedule of a child (0 – 1 Yr of Age)

d) Write the importance of use of A.V. Aids. 2+8+5 = 15

OR

a) Define communication.

b) Write the methods of communication.

c) What are the common barriers usually found while communicating with aged person. 2+6+7 = 15

3)a) State the importance of home visiting.

b) Write the principles of home visiting.

c) What are the special points to be kept in mind while doing home visiting? 3+7+5 = 15

4) Write down the difference between followings (Any Five)

Marks – 5x2=10

- a) Epidemic & Endemic.
- b) Infection & Infestation.
- c) Bore hole Latrine & Dug well Latrine.
- d) Pasteurization of milk & boiling of milk.
- e) Temporary hardness of water & Permanent hardness of water.
- f) Community Health Care & Institutional Health Care.

AUGUST – 2014

1)a) What do you mean by Epidemiology?

b) Describe the Epidemiological Triad.

c) Discuss the different level of prevention of communicable diseases.

2+5+8 = 15

OR

a) What is Home Visit?

b) Write down the principles of Home Visit.

c) Write down the special points to be remembered during Home Visit.

2+8+5=15

2)a) Define communication.

b) Describe various methods of communication.

c) What are the barriers of communication and how to overcome these barriers?

2+6+7 = 15

3)a) Define food.

b) Classify food according to their predominant functions.

c) Write down the importance and different methods of food preservation.

d) Describe the functions of Vit – C.

2+3+6+4 = 15

4) Short Notes (Any Two)

Marks – 5x2=10

a) Methods of Refuse Disposal.

b) Functions of Community Health Nurse.

c) Noise Pollution.

d) Control of Mosquitoes.

JANUARY-2015

1)a) Define 'Community Health Nursing'.

b) What are the differences between Community Health Nursing and Institutional Nursing?

c) Write the function of Community Health Nurse.

2+6+7 = 15

OR

a) Define health.

- b) What do you mean by Primary Health Care?
- c) Write the elements of Primary Health Care.
- d) Mention the Nurses' role in Primary Health Care.

2+3+5+5 = 15

2) 'No health education can be effective without Audio Visual Aids'

- a) Define Audio – Visual Aids.
- b) Write the different type of A.V. Aids which are used for giving health education to the Community people.
- c) Prepare a health education plan for a group of mothers on Importance of Immunization for children.

2+5+8 = 15

3)a) Describe the functions of protein.

- b) What are the different sources of protein?
- c) Name the diseases caused due to deficiency of protein.
- d) What advices will you give to a mother for prevention of protein deficiency?

4+4+2+5 = 15

4) Write Short Note On (Any Two) of the Following:

5x2 = 10

- a) Maintenance of safe drinking water in household.
- b) Refuse disposal.
- c) Level of prevention of disease.
- d) Uses of epidemiology.

AUGUST – 2015

- 1)a) Define Family Health Services.
- b) Explain the principles of Family Health Services.
- c) Discuss the role and functions of CHN in Family Health Services.

3+5+7=15

OR

- a) Define Community Health.
- b) What are the factors affecting Community Health?
- c) Write down the levels of health care in Community Setting.

2+6+7=15

2)a) Define Health Education.

- b) Write down the principles of Health Education while giving health education in a rural community.
- c) Prepare a Health Education plan for prevention of scabies of school going children in your community.

2+3+10=15

3)a) What do you mean by Micronutrient and Macronutrient?

- b) Write the common sources of iron rich foods.
- c) Enumerate in functions of iron in human body.

2+3+5=10

4) Short Notes On (Any Three)

Marks – 5x3=15

- a) A.V. Aids.
- b) Disease Cycle.
- c) Health Hazards of improper waste disposal in community.
- d) Standing Orders.
- e) Theme of WHO 2015.

FEBUARY-2016

1)a) Define Health.

b) Discuss about the determinants of health.

c) Discuss the different level of prevention of communicable disease in brief.

2+6+7 = 15

OR

a) Write down the concept of Community Health Nursing Process.

b) Explain the importance of Community Health Nursing Process.

c) Discuss the qualities of a Community Health Nurse.

3+5+7 = 15

2)a) What do you mean by the term 'Balanced Diet'?

b) Prepare a health talk plan for a group of mothers for 'prevention of malnutrition in children'. 2+8 = 10

3)a) Define the term communication.

b) Write down the process of communication.

c) Explain the barriers of communication.

d) How will you overcome the barriers for successful communication?

2+5+4+4 = 15

4) Short Notes On (Any Three)

Marks – 5x3=15

- a) Referral System.
- b) Immunization schedule for 0 – 1 yr. children.
- c) Importance of maintaining records and reports.
- d) Preventive measures against common water borne diseases.

JULY-2016

1)a) What do you mean by Primary Health Care?

b) What are the principles of Primary Health Care?

c) Discuss about Millenium Development Goal.

2+7+6 = 15

OR

a) What do you mean by immunization?

b) Write about immunization schedule of 0 – 1 yr. children.

c) Describe Cold Chain System.

2+7+6=15

2)a) Define Health Education.

b) Write down the different methods used for health education.

c) Write different types of A.V. Aids which are used for giving health education to community people.

2+7+6=15

3)a) Discuss about Essential Amino acids.

b) Write down the sources of protein.

c) What are the functions of protein?

3+3+4=10

4)Short Notes (Any Three)

Marks – 5x3=15

a) Household purification of water.

b) Referral System.

c) Classification of food.

d) Principles of Home visiting.

e) Skin Hygiene.

AUGUST – 2017

1) a) Define home visit.

b) Write down the principles of home visit.

c) Write down the special points to be remembered during home visit.

2+8+5=15

OR

a) Define Community Health Nursing.

b) Write about the qualities of Community Health Nurse.

c) Write about the principles of management of minor ailments in community.

2+6+7=15

2) a) Define communication.

b) Describe various methods of communication.

c) Write about the principles of communication.

d) What are the barriers of communication?

2+6+3+4=15

3) a) What do you understand by the term nutrition?

b) Write classification of food.

c) Discuss the importance of study of nutrition for nurses.

2+8+5=15

4) Short Notes on (Any Two)

Marks – 5x2 = 10

a) Air Pollution.

b) Immunization Schedule (0 – 1 year).

c) Balanced Diet.

d) Role of a Nurse in counselling.

FEBUARY – 2018

- 1)a) What do you mean by immunization?
b) Write down the immunization schedule of zero-to-one-year children.
c) What advices will you give to the mother after immunization of the child? $2+5+8 = 15$

OR

- a) Define Primary Health Care.
b) Write down the elements of Primary Health Care.
c) Write down the functions of Community Health Nurse to provide Primary Health Care. $2+6+7 = 15$

- 2)a) Define food.
b) Write down the importance of food preservation.
c) Explain the different methods of food preservation. $2+4+4 = 10$

- 3)a) Explain the objectives of Health Education.
b) What are the barriers of communication?
c) Explain the principles of Behaviour Change Communication. $5+5+5 = 15$

4) Short Notes On (Any Three) Marks – $5 \times 3 = 15$

- a) Referral System.
b) Principles of Home Visit.
c) Adolescent Health.
d) Different Methods of refuse disposal.
e) Therapeutic diet of PEM.

FEBUARY – 2019

- 1)a) Define Epidemiology.
b) Explain the Epidemiological Triad.
c) Explain the term 'Portals of entry' and 'Portals of exit' with examples. $2+5+8 = 15$

OR

- a) State the importance of home visit.
b) Write down the principles of home visit.
c) What are the special points to be kept in mind for home visit? $3+5+7 = 15$

- 2)a) Define communication.
b) Write down the process of communication.
c) Explain the principles of communication.
d) Describe the various methods of communication. $2+3+4+6 = 15$

3) a) What do you mean by the term 'Nutrition?'

b) Write about classification of food.

2+8 = 10

4) Short Notes On (Any Three)

Marks – 5x3 = 15

a) Air pollution.

b) Vitamin – A

c) Pasteurization of milk.

d) Qualities of a counselor.

e) Water purification at home.

AUGUST – 2019

1) a) Define Epidemiology.

b) Describe the mode of 'Direct Transmission' of diseases with examples.

c) Write down the general measures to control infectious diseases in community.

2+6+7 = 15

OR

a) Define 'Community Health Nursing'.

b) State the Principles of Community Health Nursing.

c) Discuss the functions of Community Health Nurse.

2+6+7 = 15

2) a) Define Health Education.

b) Write down the principles of using A.V. Aids in Health Education.

c) Prepare a Health Talk Plan on 'Prevention of Night Blindness'.

2+5+8 = 15

3) a) Define Balanced Diet.

b) Explain the principles of cooking to control loss of nutrients.

c) List down the disorders caused by Iodine Deficiency.

d) Discuss the dietary modification in Diabetic Patient.

2+5+4+4 = 15

4) Short Notes On (Any Two)

Marks – 5x2 = 10

a) Noise pollution.

b) Arthropod control measures.

c) Determinants of Health.

d) Functions and Sources of Protein.

DECEMBER – 2021

1) a) What do you mean by Primary Health Care?

b) What are the principles of Primary Health Care?

c) Write down the Qualities & functions of Community Health Nurse in providing Primary Health Care.

2+5+8 = 15

OR

- a) What do you mean by immunization?
- b) Describe the Cold Chain System.
- c) What advices will you give to the mother after immunization of the child. 2+6+7 = 15

2)a) What is 'Essential Amino Acids'?

- b) Write down sources of Protein.
- c) What are the functions of Protein?
- d) What advices will you give to a mother for prevention of protein deficiency? 2+2+2+4 = 10

OR

- a) Define food.
- b) Write down the importance of food preservation.
- c) Explain the different methods of food preservation. 2+3+5 = 10

3)a) What is meant by Referral System?

- b) What are the importance of Referral System?
- c) Mention the Role of Nurses in Referral System. 2+3+5 = 10

4) **Short Notes On (Any Three)**

Marks – 5x3 = 15

- a) Maintenance of Records & Reports
- b) Dengue is a Health problem.
- c) Adolescent Health.
- d) Waste Management.
- e) Bag – Technique.
- f) Prevention or Precautions of Covid – 19 pandemics.

DECEMBER – 2022

1)a) Define Community Health Nursing.

- b) What are the difference between Community Health Nursing and Institutional Nursing.
- c) Discuss the principles of Community Health Nursing. 2+6+7 = 15

OR

- a) Define Health.
- b) Write down the determinants of Health.
- c) Describe different level of prevention of Communicable disease in brief. 2+6+7 = 15

2)a) Define balanced diet.

- b) What are the sources of Vitamin – A?
- c) Write the diseases occurred due to deficiency of Vitamin – A.
- d) What advices to be given for prevention of Vitamin – A deficiency diseases? 2+2+2+4 = 10

3)a) Define Audiovisual Aids.

b) Write down the different types of A.V. Aids which are used for giving health education to the community people.

c) Prepare a health education plan for a group of mothers on 'Importance of immunization' for children.

2+5+8 = 15

4) Short Notes On (Any Three)

Marks – 5x3 = 15

a) Functions and sources of Fat.

b) Pasteurization of milk.

c) Role of Nurses in Referral System.

d) Functions of Community Health Nurse.

e) Noise Pollution.

DECEMBER – 2023

1) a) Define Health.

b) Write about indicators of Health.

c) Write the general measures of control of infectious diseases.

2+5+8 = 15

OR

a) Define immunity.

b) Write Immunization schedule (0 – 1) year of children.

c) Describe the Cold Chain system.

2 +5+8 = 15

2)a) Write the classification of food.

b) Explain about adulteration of food.

c) Write about prevention of Anaemia in adolescent.

2+4+4 = 10

3)a) Define health education.

b) Write down the principles of health education.

c) Prepare a lesson plan on prevention of worm infestation of children.

2+4+4 = 10

4)Write Short Note (Any Four)

4 x 5 = 20

a) Household methods of purification of water.

b) Vit – D Deficiency diseases.

c) Prevention of Dengue.

d) Mid – day meal program.

e) Road to Health Card.

MAY – 2024

- 1) a) Define epidemiology.
- b) Explain epidemiological triad.
- c) Discuss the different level of prevention of communicable diseases.

2+5+8 = 15

OR

- a) Define Primary Health Care.
- b) Describe the elements of Primary Health Care.
- c) Enlist the principles of Primary Health Care.
- d) Discuss the function of Community Health Nurse for the implementation of Primary Health Care.

2+3+3+7 = 15

- 2) a) What do you mean by balanced diet?
- b) Describe the types of food.
- c) Write down the different sources of protein.
- d) Enlist the name of diseases caused by deficiency of protein.

2+4+4+5 = 15

- 3) a) Define Health Education.
- b) Describe different methods of Health Education.
- c) Explain the different types of A.V. Aids which are used for giving Health Education in the community.

2+3+5 = 10

4) Write Short Note (Any Three)

3x5 = 15

- a) Road to Health Card.
- b) Tour Diary of Community Health Nurse.
- c) Referral System.
- d) Air Pollution.

NOVEMBER – 2024

1. a) Define Family Health Care.
- b) Enlist the objectives of Family Health Care.
- c) Discuss the role and functions of a community health nurse in Family Health Services.

2+5+8=15

OR

- a) Define immunization.
- b) Write down the immunization schedule of zero to one year child.
- c) What advice will you give to the mother after immunization.

2+5+8=15

2. a) Define Health Education.
- b) Write down the principles of using A.V. Aids in Health Education.

c) Prepare a Health talk plan on 'Prevention of Dengue'.

2+5+8=15

3. a) Explain the principle of cooking to control loss of nutrients.

b) List down the disorder caused by Iodine deficiency and Iron deficiency.

c) Discuss the dietary modification in diabetic patient.

3+4+3=15

4. Write Short Notes (Any Three)

5x3=15

a) Cold Chain System

b) Home Visit

c) Noise Pollution

d) Determinants of Health

e) Uses of Epidemiology

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THE WEST BENGAL NURSING COUNCIL
SUBJECT – COMMUNITY HEALTH NURSING (OBJECTIVE) – I
JUNE – 2010

1) Match Column 'A' with Column 'B'

1x10 = 10

Column 'A'

- a) Urbanization & Health
- b) Safe & wholesome Water
- c) Air Pollution
- d) Recommended maximum noise level
- e) Step of community diagnosis
- f) Refuse Disposal
- g) Sand Fly
- h) Communication
- i) Nail Biting
- j) Food Standard

Column 'B'

- i. Kala – azar (g)
- ii. Controlled Tipping (f)
- iii. Establishment of Priorities (e)
- iv. 7th April 2010
- v. 85 Decibels (d)
- vi. Nuclear Explosion
- vii. Free from pathogenic organism (b)
- viii. IEC (h)
- ix. Behavioral Problem (i)
- x. Agmark (j)
- xi. Health Fitness of Child

2) Fill In the Blanks

1x5 = 5

- a) Carbohydrates are usually store in liver as Glycogen.
- b) Malaria is a Vector – Borne Disease.
- c) Daily requirement of Iron in pregnancy -----
- d) Vitamin A prophylaxis programme started for children at the age of 9months –5 years old.
- e) AUGER is required for digging Bore Holes latrine.

3) Write 'True' or 'False' Against Each Statement in the Blank Spaces –

1x5 = 5

- a) Amoebiasis is a water borne disease. **(TRUE)**
- b) Light usually measured in terms of Foot Candle. **(TRUE)**
- c) The health hazards of improper excreta disposal not cause soil pollution. **(FALSE)**
- d) Prevention of Food Adulteration Act passed by Indian Parliament in 1954. **(TRUE)**
- e) ICDS is mainly functioning for pregnant women. **(FALSE)**

JUNE – 2011

1) Match Column 'A' with Column 'B'

Column – A

- a) ICDS
- b) Nurses Day
- c) Diphtheria
- d) Typhoid
- e) Leprosy

Column – B

- i. Schick Test (c)
- ii. Water Borne Disease (d)
- iii. 1000 Population (a)
- iv. 12th May (b)
- v. 5000 Population
- vi. MDT (e)

2) Write 'True' or 'False' Against Each Statement in the Blank Spaces –

1x5 = 5

- a) Koplick Spot is a positive sign of measles. (**TRUE**)
- b) Vit C is a Fat – soluble Vitamin. (**FALSE**)
- c) A disease is said to be pandemic when it spreads from one country to another in a short time. (**TRUE**)
- d) A person who harbors disease agents without showing sign and symptoms is called Healthy Carrier. (**TRUE**)
- e) Cellulose acts as roughage to prevent diarrhoea. (**FALSE**)

3) Fill In the Blanks

1x5 = 5

- a) T.V is an Audio – Visual Aid of channel of communication.
- b) BCG Vaccination is to be given through Intradermal Route.
- c) Angular Stomatitis is the deficiency of Riboflavin/Vitamin B₂.
- d) Purification of water on large scale in the stages through Storage, Filtration and Disinfection.
- e) Causative organism of Scabies is Tiny Mites.

4) Write Full Form of Following –

1x5 = 5

- a) BPHC – Block Primary Health Centre.
- b) ILR – Ice Lined Refrigerator.
- c) PEM – Protein Energy Malnutrition.
- d) ORT – Oral Rehydration Therapy.
- e) UNICEF –United Nations International Children's Emergency Fund.

JUNE – 2012

5) Match Column 'A' with Column 'B' 1x10 = 10

Column – A

- a) Tuberculosis
- b) Food Standard
- c) Sewage
- d) Nurses Day
- e) World Health Day
- f) Primary Health Care
- g) Rabies
- h) Aedes
- i) World AIDS Day
- j) Skin turgor

Column – B

- i. Alma Ata (f)
- ii. 7th April (e)
- iii. Zoonoses (g)
- iv. Dengue Fever (h)
- v. 12th May (d)
- vi. Waste water containing Solid & Liquid Excreta (c)
- vii. Agmark (b)
- viii. Diarrhoea (j)
- ix. DOTS (a)
- x. Hard water
- xi. 1st December (i)

6) Fill In the Blanks

- a) Chicken pox is caused by Varicella – Zoster Virus.
- b) Exclusive breast feeding should be given up to 6 months.
- c) Cellulose acts as roughage to prevent Constipation.

- d) Tape Recorder is an Audio – Visual aid
- e) Malaria is spread through bite of Female Anopheles mosquitoes.

3) Write Full Form of Following –

1x5 = 5

- a) ARI – Acute Respiratory Infection
- b) IMR – Infant Mortality Rate
- c) ECCR – Eligible Couple and Children Register
- d) RCH – Reproductive and Child Health
- e) DPHNO – District Public Health Nursing Officer

AUGUST – 2014

1) Fill In the Blanks

1x5 = 5

- a) The causative organism of Kala – azar is Leishmania donovani.
- b) Angular stomatitis is due to the deficiency of Riboflavin (Vitamin B2).
- c) A person who harbors disease agents without showing Sign & Symptoms is called Healthy Carrier.
- d) An outbreak of disease in a community in excess of normal expectation is called Epidemic.

2) Match Column ‘A’ with Column ‘B’

1x10 = 10

Column – A

- a) ORS
- b) Borehole Latrine
- c) Refuse Disposal
- d) World AIDS Day
- e) Alma Ata Declaration
- f) Group Discussion
- g) Puppet Show
- h) ICDS
- i) Subcentre
- j) Malaria

Column – B

- i. Dumping (c)
- ii. 1st December (d)
- iii. Primary Health Care (e)
- iv. Anganwadi Workers (h)
- v. 50 feet from the water source (b)
- vi. Vector Borne Disease (j)
- vii. 5000 population (i)
- viii. Folk Media (g)
- ix. Two – Way Communication (f)
- x. Diarrhoea (a)

3) Write Full Form of Following –

1x5 = 5

- a) PEM – Protein Energy Malnutrition.
- b) FAO – Food and Agriculture Organization.
- c) PHN – Public Health Nurse.
- d) BCC – Behaviour Change Communication.
- e) WHO – World Health Organization.

JANUARY – 2015

1) Fill In the Blanks

1x5 = 5

- a) Dengue fever is caused by Female Aedes Aegypti mosquito.
- b) The disease which is transmitted from animal to man are named Zoonoses/Zoonotic Diseases.
- c) The recommended maximum normal noise level is 75 decibels.
- d) Diphtheria is caused by the Corynebacterium Diphtheriae.
- e) T.V is an Audio – Visual Aids of channel of communication.

2) Match Column 'A' with Column 'B'

1x5 = 5

Column 'A'
a) Nurses Day
b) World Health Day
c) ORS
d) Goiter
e) Pasturization

Column 'B'
i. Iodine (d)
ii. Diarrhoea (c)
iii. Milk (e)
iv. 1 st December
v. 12 th May (a)
vi. 7 th April (b)

3) Write in Full Form

1x5 = 5

- a) ARI – Acute Respiratory Infection
- b) IMR – Infant Mortality Rate.
- c) BCG – Bacillus Calmette – Guérin
- d) ILR – Ice Lined Refrigerator.
- e) UNICEF – United Nations International Children's Emergency Fund.

4) Write 'True' or 'False' Against Each Statement in the Blank Spaces –

1x5 = 5

- a) Cold Chain refers to the storage and transport of vaccine at recommended low temperature. (TRUE)
- b) Silence is not at all a means of communication. (TRUE)
- c) Amla is the richest source of Vit – D. (FALSE)
- d) Demonstration is an important method of Health Education. (TRUE)
- e) Prophylaxis of Vit A Oil is continued from 9 months to 5 years of age. (TRUE)

AUGUST – 2015

1) Fill In the Blanks

1x5 = 5

- a) Dental carries occur due to deficiency of Fluorine.
- b) Exclusive breast feeding should be given up to 6 months.
- c) Leprosy is caused by Mycobacterium Leprae.
- d) World AIDS Day is celebrated on 1st December each year.
- e) Chicken pox is caused by Varicella – Zoster Virus.

2) Write Full Form of Following –

1x5 = 5

- a) ILR – Ice Lined Refrigerator.

- b) DPHNO – District Public Health Nursing Officer.
- c) IMNCI – Integrated Management of newborn and Childhood Illness.
- d) NHM – National Health Mission.
- e) ECCR – Eligible Couple and Children Register.

3) Match Column 'A' with Column 'B'

1x5 = 5

Column 'A'
a) Nurses Day
b) Sub centre in hilly area
c) Tuberculosis
d) Sub centre in plane area
e) Live Vaccine

Column 'B'
i. 3000 Population (b)
ii. OPV (e)
iii. 12 th May (a)
iv. DOTS (c)
v. 5000 Population (d)
vi. DPT

4) Write 'True' or 'False' Against Each Statement in the Blank Spaces –

1x5 = 5

- a) Koplick Spot is a positive sign of measles. (TRUE)
- b) Cellulose acts as roughage to prevent diarrhoea. (FALSE)
- c) Hepatitis A is a Water Borne Disease. (TRUE)
- d) Oral Pill is a family planning method used for Birth Spacing. (TRUE)
- e) 98 decibels are the recommended maximum noise level. (FALSE)

FEBRUARY – 2016

1) Write Full Form of Following –

1x5 = 5

- a) BPHC – Block Primary Health Centre.
- b) UNICEF –United Nations International Children's Emergency Fund.
- c) ASHA –Accredited Social Health Activist.
- d) AYUSH –Ayurveda, Yoga and Naturopathy, Unani, Siddha and Homeopathy.
- e) IUCD –Intrauterine Contraceptive Device.

2) Fill In the Blanks

1x5 = 5

- f) Dengue fever is caused by Female Aedes Aegypti mosquito.
- g) Measles vaccine is given in Subcutaneous Route.
- h) Deficiency disease due to Vit C is called Scurvy.
- i) Home visiting is the Backbone of Public Health.
- j) Sterilization of milk is done by Pasteurization.

3) Match Column 'A' with Column 'B'

1x5= 5

Column – A

- a) Halozen
- b) Primary Health Care
- c) Sewage
- d) Baking
- e) Skin Turgor

Column – B

- i. Waste water containing solid & liquid of excreta (c)
- ii. Dehydration (e)
- iii. Chlorine Tablet (a)
- iv. Alma Ata (b)
- v. Hot air oven (d)
- vi. Zeneva

4) Select the Most Suitable Answer with (✓) Tick Mark:

1x5 = 5

A. Action Prior to Onset of Disease is called –

- a) Primary Prevention
- b) Secondary Prevention
- c) Tertiary Prevention
- d) All of the above

B. BCG Vaccination is to be given –

- a) Subcutaneous
- b) Dermal
- c) Intra – venous
- d) Intra – dermal

C. Highest amount of Protein is seen in –

- a) Ground Nut
- b) Soyabean
- c) Bengal Gram
- d) Mysore Dal

D. Total Oral Vit – A prophylaxis is given to a child from 9 month to 5 years is –

- a) 5 Lakh I.U
- b) 9 Lakh I.U
- c) 17 Lakh I.U
- d) 16 Lakh I.U

E. A disease which spreads from one country to another, thus in the entire world, is called –

- a) Sporadic
- b) Endemic
- c) Pandemic
- d) Epidemic

AUGUST – 2017

1) Write Full Form of Following –

1x5 = 5

- a) BPHC – Block Primary Health Centre.
- b) UNICEF – United Nations International Children's Emergency Fund.
- c) ASHA – Accredited Social Health Activist.
- d) ORS – Oral Rehydration Solution.
- e) IEC – Information Education Communication.

2) Fill In the Blanks

1x5 = 5

- a) Dengue Fever is caused by Female Aedes Aegypti mosquito.
- b) BCG Vaccine is given by Intradermal Route.
- c) Sterilization of milk is done by Pasteurization.
- d) Black Board is an example of Display A.V. Aids.
- e) DOTS is related to the treatment of Tuberculosis.

3) Match Column 'A' with Column 'B'

1x5 = 5

Column 'A'
a) Hepatitis B
b) AIDS
c) Anaemia
d) Ricket
e) Worm Infestation

Column 'B'
i. Vita D deficiency (d)
ii. Food Contamination (e)
iii. Viral Infection
iv. Iron and Folic Acid (c)
v. Water Borne Disease (a)
vi. Blood Borne Disease (b)

4) Write 'True' or 'False' Against Each Statement in the Blank Spaces –

1x5 = 5

- a) A disease is spread from one country to another is called Pandemic. (TRUE)
- b) Prophylaxis Vitamin A Oil is continued from 9 months to 3 yrs of age. (FALSE)
- c) Amla is the richest source of Vitamin – D. (FALSE)
- d) Cellulose acts as roughage to prevent diarrhoea. (FALSE)
- e) Compulsory use of toilet is the part of Schach Bharat Avijan. (TRUE)

FEBUARY – 2018

1) Encircle (☐) the most appropriate answer

1x5 = 5

A. An ASHA Worker Works with –

- a) 500 population
- b) 1000 population**
- c) 5000 population
- d) 10,000 population

B. Family Health Services include –

- a) Maternal Care
- b) Family Welfare Services
- c) Child Health Care
- d) All of the above**

C. BCG Vaccination is to be given –

- a) Subcutaneous Route
- b) Dermal Route
- c) Intradermal Route**
- d) Intravenous Route

D. A disease which spreads from one country to another country is called –

- a) Epidemic
- b) Endemic
- c) Sporadic
- d) Pandemic**

E. An Inanimate object which is capable of transmitting disease agent is –

- a) Food
- b) Fingers
- c) Fomite**
- d) Faeces

2) Write Full Form of Following –

1x5 = 5

- a) DPHNO – District Public Health Nursing Officer.
- b) IEC – Information Education Communication.
- c) ECCR – Eligible Couple and Child Register.
- d) DOTS – Directly Observe Treatment Short course.
- e) ICDS – Integrated Child Development Scheme.

3) Fill In the Blanks

1x5 = 5

- a) Dryness of eye is called Xerophthalmia.
- b) Amla is the richest sources of Vitamin – C.
- c) Tape Recorder is a – Audio Visual aid.
- d) Home visiting is the Backbone of Community Health Nursing.
- e) Leprosy is caused by Mycobacterium Leprae.

4) Write 'True' or 'False' Against Each Statement in the Blank Spaces –

1x5 = 5

- a) Exclusive breast feeding should be given up to one year of age. **(FALSE)**
- b) World AIDS Day is celebrated on 1st December. **(TRUE)**
- c) Subcenter in hilly area covers 5000 population. **(FALSE)**
- d) Vitamins are regarded as protected food. **(TRUE)**

e) Oral Polio is a live vaccine. (TRUE)

FEBRUARY – 2019

1) Match Column 'A' with Column 'B'

1x10 = 10

Column – A

- a) ICDS
- b) 7th April
- c) Rickets
- d) Simmering
- e) Typhoid
- f) ORS
- g) Tuberculosis
- h) Live Vaccine
- i) Primary Health Care
- j) Protein

Column – B

- i. Soyabean (j)
- ii. Water born disease (e)
- iii. Diarrhoea (f)
- iv. DOTS (g)
- v. OPV (h)
- vi. Alma Ata (i)
- vii. Vit – D deficiency (c)
- viii. 1000 population (a)
- ix. Cooking below boiling point (d)
- x. World AIDS Day
- xi. World Health Day (b)

2) Fill In the Blanks

1x5 = 5

- a) Hepatitis A is a Water Borne Disease.
- b) An outbreak of disease in a community in excess of normal expectation is called Epidemic.
- c) Measles vaccine is given through Subcutaneous route.
- d) Exclusive breast feeding should be continued up to Six months
- e) Leprosy is caused by Mycobacterium Leprae.

3) Write 'True' or 'False' Against Each Statement in the Blank Spaces –

1x5 = 5

- a) Amoebiasis is a water borne disease. (TRUE)
- b) Cellulose acts as roughage to prevent diarrhoea. (FALSE)
- c) Vit – C is a fat –soluble vitamin. (FALSE)
- d) Weight is an important indicator for assessment of growth of under – five children. (TRUE)
- e) Koplick Spot is a positive sign of measles. (TRUE)

AUGUST – 2019

1) Write 'True' or 'False' Against Each Statement in the Blank Spaces –

1x5 = 5

- a) Vitamins are regarded as protective food. (TRUE)
- b) Inactivated Polio Vaccine is the most heat sensitive vaccine. (TRUE)
- c) Nutritional status can't measure by health assessment. (FALSE)
- d) One of the causative organisms of 'Food Poisoning' is Salmonella. (TRUE)
- e) Open air defecation should be stopped to control fly. (TRUE)

2) Fill In the Blanks

1x5 = 5

- a) Flash Card is a type of Visual Aids.

- b) Termination of all transmission of disease is termed as Eradication.
- c) Quality of life is standard component of Wellbeing.
- d) Khesary Dal causes Lathyrism in our body.
- e) Giving immunization is an example of Primary prevention.

3) Write Full Form of Following –

1x5 = 5

- a) ADD – Attention – Deficit Disorder
- b) HALE – Health – Adjusted Life Expectancy
- c) ASHA – Accredited Social Health Activist.
- d) FAO – Food and Agriculture Organization.
- e) IEC – Information Education Communication.

Match Column 'A' with Column 'B'

1x5 = 5

Column 'A'
a) Pathogenicity
b) Community Diagnosis
c) Flocculation
d) Swimming Pool
e) Rehabilitation

Column 'B'
i. Water Filtration (c)
ii. Restoration of Dignity (e)
iii. Increase possibility of Diseases (a)
iv. Planter Wart (d)
v. No possibility of disease

DECEMBER – 2021

1) Write Full Form of Following –

1x10 = 10

- a) ICDS – Integrated Child Development Scheme.
- b) ORS – Oral Rehydration Solution.
- c) DOTS – Directly Observed Therapy Short Course.
- d) PHN – Public Health Nurse.
- e) ART – Antiretroviral Therapy.
- f) IPV – Inactivated Poliovirus Vaccine.
- g) WHO – World Health Organization.
- h) NRHM – National Rural Health Mission.
- i) BCG – Bacillus Calmette-Guérin.
- j) PEM – Protein Energy Malnutrition.

2) Fill In the Blanks

1x5 = 5

- a) A person who harbors disease agents without showing Sign & Symptoms is called Healthy Carrier.
- b) A widespread occurrence of an infectious disease in a community at a particular time is called Epidemic.
- c) Vitamin – D is Fat Soluble Vitamin.
- d) Television is an A.V. Aids of channel of communication.

e) International 'Yoga Day' Celebrated on 21st June.

3) Match Column 'A' with Column 'B'

1x5 = 5

Column 'A'

- a) Road to Health Card
- b) World AIDS Day
- c) Sub centre
- d) PPE
- e) Sewage

Column 'B'

- i. Donning & Doffing. (d)
- ii. Waste water with solid & liquid excreta. (e)
- iii. 1st December (b)
- iv. Assessment of Growth & Development. (a)
- v. 5000 population. (c)

3) Write 'True' or 'False' Against Each Statement in the Blank Spaces –

1x5 = 5

- a) Diabetes is an example of Communicable disease. **(FALSE)**
- b) VHND stands for Village Health Nutrition Day. **(TRUE)**
- c) Demonstration is an important method of Health Education. **(TRUE)**
- d) Angular stomatitis is due to deficiency of Vitamin – C. **(FALSE)**
- e) ANM works at ICDS Centre. **(FALSE)**

DECEMBER – 2022

1) Write Full Form of Following –

1x5 = 5

- a) NRHM – National Rural Health Mission.
- b) BPHC – Block Primary Health Centre.
- c) ILR – Ice Lined Refrigerator.
- d) IMNCI – Integrated Management of newborn and Childhood Illness.
- e) DPHNO – District Public Health Nursing Officer.

2) Match Column 'A' with Column 'B'

1x10 = 10

Column 'A'

- a) Goitre
- b) Measles
- c) Chart
- d) Kala – Azar
- e) ASHA
- f) Bore hole Latrine
- g) Angular Stomatitis
- h) World Environment Day
- i) Baking
- j) Halogen

Column 'B'

- i. Health Education (c)
- ii. Home Visit (e)
- iii. 50 ft away from water source (f)
- iv. Koplik Spot (b)
- v. Riboflavin (g)
- vi. Cook (i)
- vii. Iodine (a)
- viii. Chlorine tablet (j)
- ix. Sandfly (d)
- x. 5th June (h)

3) Fill In the Blanks

1x5 = 5

- a) Dryness of eye is called Xerophthalmia.
- b) A world – wide outbreak of infectious disease in the Community is called Pandemic.
- c) The birth should be registered within 21 days.
- d) Measles vaccine given in Subcutaneous route.
- e) Dengue Fever is caused by Female Aedes Aegypti mosquito.

MAY - 2024

1) Encircle (☐ the Most Appropriate Answer

1x5 = 5

I. Family Health Services include

- a) Maternal care
- b) Child health care
- c) Family welfare services
- d) All of the above

II. The Term Eradication means –

- a) Termination of all transmission of infection.
- b) Separation of infected person from all non – infected person.
- c) Killing of all vectors that spreads the disease.
- d) Continuous monitoring of person with ill health.

III. Bitot Spot is seen in deficiency of –

- a) Vitamin – A
- b) Vitamin – C
- c) Vitamin – B
- d) Vitamin – D

IV. World Health Day celebrated on –

- a) 10th April
- b) 7th April
- c) 1st December
- d) 7th February

V. Incubation Period is –

- a) The time interval between entry of micro-organism and first symptom of infection.
- b) The time interval between entry of micro – organism and first medical care.
- c) The time interval between entry of micro-organism and total care of disease.
- d) The time interval between entry of micro – organism up to seven days.

2) Match Column 'A' with Column 'B'

1x10 = 10

Column – A

- a) Nurses Day
- b) Records & Reports
- c) Hard Water
- d) Protein
- e) Measles
- f) Amla
- g) Live Vaccine
- h) Ricket
- i) PPE
- j) Tuberculosis

Column – B

- i. Wastage of Water (c)
- ii. 1st December
- iii. DOTS (j)
- iv. Donning & Doffing (i)
- v. Legal Documents (b)
- vi. Vitamin – D (h)
- vii. Soyabean (d)
- viii. 12th May (a)
- ix. Koplick Spot (e)
- x. Vitamin – C (f)

3) Write Full Form of Following –

1x5 = 5

- a) ARI – Acute Respiratory Infection.
- b) BCG – Bacille Calmette – Guérin.
- c) IMNCI – Integrated Management of Neonatal and Childhood Illness.
- d) ASHA – Accredited Social Health Activist.
- e) BPHC – Block Primary Health Centre.

NOVEMBER – 2024

1. Write Full Form of Following –

1x5 = 5

- a. MMR – Maternal Mortality Rate.
- b) BCC – Behaviour Change Communication.
- c) DOTS – Directly Observed Therapy Short Course.
- d) ILR – Ice Lined Refrigerator.
- e) IPV – Inactivated Poliovirus Vaccine.

2) Fill In the Blanks

1x5 = 5

- a) BCG vaccine is given by intradermally.
- b) Vitamin D is Fat soluble vitamin.
- c) An outbreak of disease in a community in excess of normal expectation is called epidemic.
- d) Television is an A. V. Aids of audio-visual communication.
- e) Dental carries occur due to deficiency of fluoride.

2) Match Column 'A' with Column 'B'

1x10 = 10

Column – A

- a) Road to Health Card
- b) World AIDS Day
- c) Skin Turgor
- d) Backing
- e) Chart
- f) Pasteurization
- g) Sewage
- h) Protein
- i) Kala - azar
- j) Live Vaccine

Column – B

- i. Milk (f)
- ii. Health Education (e)
- iii. Assessment of Growth & Development. (a)
- iv. Waste water containing solid & liquid excreta. (g)
- v. Sandfly. (i)
- vi. 1st December every year. (b)
- vii. Cooking. (d)
- viii. Dehydration. (c)
- ix. OPV (j)
- x. Soyabean (h)
- xi. Mosquito. (a)

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